5TH ANNUAL **PITCHFORK AND HOE GATHERING** FRIDAY AND SATURDAY, OCTOBER 27 & 28, 2023 VALLEY CITY, ND EAGLES CLUB

FEATURING:

Seminars & Vendors: both days Friday Night Bluegrass Concert (No advance ticket sales)

An Educational Gathering of Folks Pursuing the Homesteader Lifestyle General Admission to the Vendors: Free Seminars Area : \$10/Person/Day \$20/Family/Day **Friday Seminars:** Show opens at 9 am.



Nic Podoll **Cover Crops** 9 am - 10 am



You Have Just Defended Yourself, What's Next 9:30 – 10:30 am



Jeanne Ahlers Starting Plants From Seed 10:30 – 11:30 am



Dr. Maggie Peterson How Stress Affects Your Body 12:00 noon – 1:30 pm



Theresa Podoll **The Link Between Seeds, Gardens, Self-sufficiency,** & Resilience 1:30 – 2:30 pm



Derek Gilbert Giants in the Bible and Why They Matter 7-9 pm



Dr. Maggie Peterson How Stress Affects Your Body 12:00 noon – 1:30 pm



Jorge Gonzalez You Have Just Defended Yourself, What's Next 4:30 – 5:30 pm



Myrene Peterson Preserving Foods 1-1:30 pm



Ron Hanson Transporting & Feeding Soil Biology 3-4 pm

Saturday Seminars:



Noreen Thomas Show Me the Money . . . Grants 9-10 am



LeAnn Harner Buying, Selling, & Marketing Goats 2 pm – 3 pm



Derek Gilbert Demons, Dragons, & Devils 7 – 9 pm

*when accompanied by an adult



Lee Manske Rotational Grazing 9 am – noon 1-4 pm



Steven Dahlberg Super Foods for Health 1:30 – 2:30 pm

Arlene Andrus

Beginning Bird

Watching

3–4 pm

LeAnn Harner Raising Kids (goats) 10 am- 11 am



Nic Podoll **Crop Rotation** 3-4 pm



Dr. Bob Anderson

Technology



Steven Dahlberg **Preserving Food by Fermentation** 10:30 – 11:30 am



Myrene Peterson **Preserving Foods** 4:30 – 5 pm

Friday Evening Bluegrass & Roots Music Concert \$15 (Age 12 & under Free)* 4.30 - 5 6:30 pm: The Bluestems 7:30 pm: Kohlrabi Soup 8:30 pm: The Norsky Brothers Bluegrass Music Seminars (Sat.) & Jamming Both Days

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Checkout the entire 2023 Pitchfork and Hoe Trade Show at www.facebook.com/pitchforknhoe/

9/27/23